

GEORGE MASON UNIVERSITY
College of Education and Human Development
School of Sport, Recreation and Tourism Management

RMGT 416 79975 Trends/Programming and Assessment in Therapeutic Recreation
Fall 2023

DAY/TIME:	T 4:30pm-7:10pm	LOCATION:	IN 207
PROFESSOR:	Jennae Asborn, CTRS	EMAIL	Jduarte1@gmu.edu
OFFICE	By Appointment	ADDRESS:	
LOCATION:	N/A Online	PHONE	571-363-7432
OFFICE HOURS:	By appointment	NUMBER:	

PREREQUISITE:
RMGT 327

UNIVERSITY CATALOG COURSE DESCRIPTION

Explores the role of leisure in human development with a specific focus on needs, demands, and services for people with disabilities and illness. Presents concepts associated with leisure, aging, physical challenge, targeting leisure services, research, and public policy.

COURSE OVERVIEW

This course is designed to prepare students to work with individuals with disabilities by assessing then implementing programming techniques and intervention strategies based on trends.

COURSE DELIVERY METHOD

This course will be delivered using a lecture format.

COURSE OBJECTIVES

1. Define the role of the therapeutic recreation professional as an advocate for leisure and human rights and services for individuals with illnesses and disabilities.
2. Illustrate the rationale for the provision of therapeutic recreation services in both the clinical and community settings.
3. Explain therapeutic recreation delivery models, theories and concepts and their application to health care.
4. Discuss holistic health and wellness including disease prevention and health promotion.
5. Recall the use of self as an instrument in therapeutic relationships and the ability to establish such relationships.
6. Demonstrate a working knowledge of a facilitation technique.
7. Identify resources and references available to assist persons with disabilities.
8. Articulate credentialing processes and standards in therapeutic recreation service.

9. Define leisure education content and techniques among individuals, families and caregivers.
10. Research assistive techniques, adaptive devices and equipment, as well as program adaptations to assist individuals to achieve independence.
11. Demonstrate effective management techniques within the field of therapeutic recreation.
12. Differentiate among effective implementation techniques and interventions to be used within individuals with disabilities in a recreation setting.

PROFESSIONAL STANDARDS

Further, upon completion of this course, students will meet the following professional accreditation standards for the Council on Accreditation of Parks, Recreation, Tourism, and related Professions (COAPRT):

7.02	Students graduating from the program shall be able to demonstrate the ability to design, implement, and evaluate services that facilitate targeted human experiences and that embrace personal and cultural dimensions of diversity.
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REQUIRED TEXT

Stumbo, Norma J. and Peterson, Carol Ann (Fifth ed). (2009). *Therapeutic recreation program design*. San Francisco, CA: Pearson Benjamin Cummings.

COURSE PERFORMANCE EVALUATION

	<i>Grading Scale</i>
1. Two Exams (worth 50 points each)	100
2. Weekly Chapter Questions (5 questions worth 2 points each)	100
4. Disability Profile and Therapeutic Recreation Intervention/Program Model	100
5. Field Observations and Class Participation	<u>100</u>
	400

All assignments are due on the assigned day. No late work will be accepted after the start of class on Wednesdays on that due date. The only exception would be a doctor's note on letterhead.

Grading Scale

A = 360-400	C = 280-319	F = 0-239
B = 320-359	D = 240-279	

10 Weekly Chapter Assignments

Each student individually will be responsible weekly for completing chapter assigned readings and completing five (5) identified questions from the chapter. Written work is to be typed and proofread. *Points will be deducted for spelling and grammatical errors.*

Therapeutic Recreation Intervention/Program Model with Initial Disability Profile

-Not the same population as studied in RMGT 327

The purpose of this assignment is to develop a treatment/intervention program plan for a specific disability group including appropriate goals relative to therapeutic recreation interventions needed to achieve goals. The student will begin with a:

Disability Profile

1. Definition of the disability or disorder
2. Symptoms, Causes and Treatment Methods
3. Problem Areas
4. How the disability or disorder effects a person's ability to have a satisfying leisure lifestyle and participate in recreation activities

Intervention/Program Model

- a) **Rationale and treatment needs addressed:** Discuss why the specific population selected needs for this program and identify at least three needs, based on disability profile.
- b) **Program Purpose:** Write a clear purpose statement which identifies (who the program is for, what it is intended to do, and what participants will get out of the program)
- c) **Goals Set (Terminal Program Objective):** Develop **2 goals**. The goals should be written as general participant outcome statements that specify what participants should gain from participating in the program. For example, the goals may specify whether the intent of the program is to increase awareness and sensitivity of a particular leisure concept, acquire leisure knowledge associated with a specific area, or acquire specific leisure skills, mobility skills or fitness related to successful therapeutic recreation participation. Remember that goals or TPO's are broad in nature.
- d) **Specific Objectives (Enabling Objectives):** Develop at least **2 objectives** for each goal.
- e) **Performance Measures (PMs):** Develop 1 specific, measurable performance measure for each objective.
- f) **Activity Plan:** Select 2 activities specific to each objective.
 - a. The content of the specific activities should provide a clear summary of what is to be done in the program to achieve the intent of the enabling objective. You will need to analyze tasks associated with the objectives and present the components in a step-by-step fashion. Your activity plan may incorporate visual aids, games, activities, and demonstrations to create an enjoyable, organized environment that results in awareness, appreciation, resource utilization, or skill development for leisure enhancement.
- g) **Evaluation:** Discuss the plan to evaluate the success of planned activity intervene

Field Observations

Visitations or guests will be identified based on students' interests to meet some professional CTRSs in the area and learn how current issues are being met in TR. A follow-up evaluation of the site or presenter will be distributed by the professor, completed and turned in. We will discuss and plan the field observations based on the students schedules.

Professional Dispositions

See <https://cehd.gmu.edu/students/polices-procedures/>

Core Values Commitment

The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles: <http://cehd.gmu.edu/values/>.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see <https://catalog.gmu.edu/policies/honor-code-system/>).
- Students must follow the university policy for Responsible Use of Computing (see <https://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students **solely** through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <https://ds.gmu.edu/>).
- Students must silence all sound emitting devices during class unless otherwise authorized by the instructor.

Campus Resources

- Support for submission of assignments to VIA should be directed to viahelp@gmu.edu or <https://cehd.gmu.edu/aero/assessments>. Questions or concerns regarding use of Blackboard should be directed to <https://its.gmu.edu/knowledge-base/blackboard-instructional-technology-support-for-students/>.
- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

Notice of mandatory reporting of sexual assault, sexual harassment, interpersonal violence, and stalking:

As a faculty member, I am designated as a “Non-Confidential Employee,” and must report all disclosures of sexual assault, sexual harassment, interpersonal violence, and stalking to Mason’s Title IX Coordinator per [University Policy 1202](#). If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as [Student Support and Advocacy Center](#) (SSAC) at 703-380-1434 or [Counseling and Psychological](#)

[Services](#) (CAPS) at 703-993-2380. You may also seek assistance or support measures from Mason's Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/students/> .

Tentative Course Calendar

DATE			TOPIC	READINGS/ASSIGNMENT
T	August	22	Review syllabus and assignments.	Ensure you have textbook and begin reading Chapter 1. Complete Chapter 1 Questions: 4, 7, 8, 9, 10 Due 8/29
T	August	29	Chapter 1 Conceptual Foundations	Complete Chapter 2 Questions: 2, 4, 7, 8, 10 Due 9/5
T	September	5	Chapter 2 The Leisure Ability Model	Complete Chapter 3 Questions: 1, 2, 4, 6, 10 Due 9/12
T	September	12	No class-at conference	
T	September	19	Chapter 3 Important Aspects of TR Services Chapter 4 TR Accountability Model	Complete Chapter 4 Questions: 2, 3, 6, 8, 10 Due 9/26
T	September	26	Guest Speaker Ryan Caram Disability Simulations	Complete Chapter 5 Questions: 1, 3, 6, 9, 10 Complete Chapter 6 Questions: 2, 4, 5, 6, 8 Due 10/4

T	October	3	Chapter 5 Comprehensive Program Design Chapter 6 Specific Program Design	
T	October	10	No Class-Fall Break	Study for Midterm Chapters 1-6
T	October	17	Midterm Exam Due (Chapters 1-6)	Complete Chapter 7 Questions: 1, 2, 3, 6, 7 Due 10/25
T	October	24	Onsite Visit Lewinsville Senior Center 1613 Great Falls Street, McLean, VA 22101 (tentative day and time)	Complete On-Site Evaluation Due 10/31
T	October	31	On-Site Visit: VA Medical Hospital 50 Irving St, NW, Washington, DC 20422 (tentative day and time)	Complete On-Site Evaluation Due 11/7 Chapter 7 Quest 2, 3, 4, 5, 6 Chapter 8 Quest 1, 2, 3, 4, 5 Due 11/7
T	November	7	Chapter 7 Activity Analysis Chapter 8 Activity Selection and Implementation	Complete Chapter 9 Questions: 1, 3, 4, 5, 6 Due 11/21
T	November	14	Onsite Visit: Wellness Center 4027B Olley Lane, Fairfax, VA 22032 (tentative day and time)	Complete Chapter 10 Questions: 1, 3, 5, 8, 12 Due on 11/21 Onsite Evaluation Due 11/21
T	November	21	Chapter 9 Treatment and Diagnostic Protocols Chapter 10 Client Assessment	

T	November	28	No Class work on Disability Profiles	Finish disability profile an intervention model and presentations Due on 12/5
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T	December	5	Disability Profile and Intervention Program Model Due & Presentations	
T	December	6	Reading Day-No Class	Study for final exam
T	December	13	Final Exam Due (Chapters 7-10)	

Note: Faculty reserves the right to alter the schedule as necessary.

