

GEORGE MASON UNIVERSITY
College of Education and Human Development
School of Sport, Recreation, and Tourism Management
Sport Management
SPMT 341 DL1 Field Experience Sport Coaching (3)
Spring 2021

DAY/TIME:	TBA	LOCATION:	Coaching Site
PROFESSOR:	Craig Esherrick	EMAIL ADDRESS:	cesheric@gmu.edu
OFFICE LOCATION:	Krug Hall 213D	PHONE NUMBER:	703-993-9922
OFFICE HOURS:	By Appointment	FAX NUMBER:	703-993-2025

PREREQUISITES/COREQUISITES

Open to minors only, SPMT 210 Foundations of Sport Coaching, or Permission of Instructor.

COURSE DESCRIPTION

Provides application of the scientific bases for coaching sports and the process of coaching athletes. Includes paid or voluntary experience in a sport-specific setting. A minimum 120 clock hours is required within the time frame of the course.

COURSE OBJECTIVES

Upon completion of this practicum, students will be able to:

1. Implement coaching strategies based upon basic principles of training and conditioning of athletes.
2. Identify and employ sport psychology concepts in the coaching process.
3. Apply sound pedagogical practices that enhance athlete learning and performance capabilities.
4. Recognize and apply appropriate leadership and managerial principles in the coaching process.
5. Evaluate effective coaching.
6. Develop, implement and refine an individual philosophy of sport and coaching.
7. Recognize professional integrity and ethical behavior in coaching.
8. Apply key elements of the professional accreditation standards of the National Standards for Sport Coaches.

PROFESSIONAL ASSOCIATION STANDARDS

The Minor in Sport Coaching aligns with the National Standards for Sport Coaches. This course is the applied capstone.

NATURE OF COURSE DELIVERY

The learning experiences in this course are afforded through supervised field experiences that will offer ample opportunities to meet the course objectives. The practicum location is to be chosen by students after receiving approval of faculty supervisor. Course content includes, but is not limited to, the application of the following: coaching philosophy; ethics; safety & injury prevention; player development; physical conditioning; communication; teaching sport skills & tactics; organizations; administration; and evaluation. Blackboard/distance learning tools will be used to deliver materials, engage in conferences and post grades and updates.

You will log in to the Blackboard (Bb) course site using your Mason email name (everything before @masonlive.gmu.edu) and email password. The course site will be available no later than January 24, 2021, 12:01AM.

Under no circumstances, may candidates/students participate in online class sessions (either by phone or Internet) while operating motor vehicles. Further, as expected in a face-to-face class meeting, such online participation requires undivided attention to course content and communication.

Technical Requirements

To participate in this course, students will need to satisfy the following technical requirements:

- High-speed Internet access with a standard up-to-date browser, either Internet Explorer or Mozilla Firefox is required (note: Opera and Safari are not compatible with Blackboard).
- Students must maintain consistent and reliable access to their GMU email and Blackboard, as these are the

official methods of communication for this course.

- Students may be asked to create logins and passwords on supplemental websites and/or to download trial software to their computer or tablet as part of course requirements.
- The following software plug-ins for PCs and Macs, respectively, are available for free download:
- Adobe Acrobat Reader: <https://get.adobe.com/reader/>
- Windows Media Player: <https://support.microsoft.com/en-us/help/14209/get-windows-media-player>
- Apple Quick Time Player: www.apple.com/quicktime/download/

Expectations

- **Course Week:** Because asynchronous courses do not have a “fixed” meeting day, our week will start on Monday, and finish on Sunday.

- **Log-in Frequency:**

Students must actively check the course Blackboard site and their GMU email for communications from the instructor, and/or access to course materials at least 2 times per week.

- **Participation:**

Students are expected to actively engage in all course activities throughout the semester, which includes viewing all course materials, completing course activities and assignments as determined by the internship site supervisor and your faculty supervisor (Esherick).

- **Technical Competence:**

Students are expected to demonstrate competence in the use of all course technology. Students who are struggling with technical components of the course are expected to seek assistance from the instructor and/or College or University technical services.

- **Technical Issues:**

Students should anticipate some technical difficulties during the semester and should, therefore, budget their time accordingly. Late work will not be accepted based on individual technical issues.

- **Workload:**

Please be aware that this course is not self-paced. Students are expected to meet specific deadlines and due dates listed in the Class Schedule section of this syllabus and all deadlines set by your site supervisor. Regular communication with your faculty supervisor is also a requirement (Prof Esherick).

- **Instructor Support:**

Students may schedule a one-on-one meeting to discuss course requirements, content or other course-related issues. You can meet with the instructor via telephone or Blackboard Collaborate conference. Students should email the instructor to schedule a one-on-one session, including their preferred meeting method and suggested dates/times.

- **Netiquette:**

The course environment is a collaborative space. Experience shows that even an innocent remark typed in the online environment can be misconstrued. Students must always re-read their responses carefully before posting them, so as others do not consider them as personal offenses. Be positive in your approach with others and diplomatic in selecting your words. Remember that you are not sharing information and learning from others. All faculty are similarly expected to be respectful in all communications.

- **Accommodations:**

Online learners who require effective accommodations to insure accessibility must be registered with George Mason University Disability Services.

ALTERNATIVE WORK:

There is NO make-up work. Each student must complete a minimum of 120 hours in their field experience and a weekly report must be filed with the instructor. Alternative work due to intercollegiate athletic competitions or other legitimate university activity must be arranged PRIOR to the due date. A grade of ‘0’ will be assigned to all missed work unless determined otherwise by the instructor. There will be NO extra credit.

REQUIRED READINGS

Readings will include current articles and news in sport coaching. The professor will attach these readings to the course content tab on Blackboard during the semester.

- Suggested readings: Martens, R. (2014). *Successful Coaching* (5th Ed). Human Kinetics Publishers, Champaign,

IL. [textbook used in SPMT 210 Foundations of Coaching]

- *(Required)* National Standards for Sport Coaches SHAPE America <https://www.shapeamerica.org/standards/coaching/>

EVALUATION

Assessment of student objectives will include, but is not limited to, successful completion of the appropriate number of hours associated with the practicum experience, demonstrated application of course concepts through journal entries, an essay and an e-portfolio project documenting performance during the practicum as follows:

This course will be graded on a point system, with a total of 100 possible points.

<u>Requirements</u>	<u>Points</u>
<i>Complete Hours</i> (120-150 hours)	40
<i>Journal Entries:</i> Students will keep a journal/log outlining the activities during each week of the field experience. The journal will include the hours worked as well as reflection about the coaching profession that week as it related to the interactions with supervisors and your athletes. Supervisor must approve hours worked on journal (initials/signature).	30
<i>Portfolio</i> - The e-portfolio will describe the internship experience, include a short bio about the site supervisor and will also include all of the journal entries from the field experience; the student must write an essay reflecting what was learned about the coaching profession during this field experience. In the essay, students are expected to reflect on the SHAPE America Coaching Standards (found under course content and link provided above) and provide a self-assessment of how this internship brought them closer to meeting each one of these benchmarks. The essay will be evaluated based on writing, editing and the level of proofreading done by the student. There will be an evaluation that must be completed by the site supervisor and a separate questionnaire to be completed by the student. Points will be awarded based on the format of the portfolio, the thoroughness of the site description, the quality of the coaching experiential analysis and the evaluation.	30
TOTAL	100

Grading Scale

A+ = 98 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 94 – 97	B = 84 – 87	C = 74 – 77	F = 0 – 59
A = 90 -93	B- = 80 – 83	C- = 70 – 73	

TENTATIVE COURSE SCHEDULE

WEEK	ASSIGNMENT	
Week 1	Orientation, communication to instructor of particulars of coach to be working with/for—outline plan for the semester	<i>First week of class</i>
Week 2	On the job hours under supervision, Weekly Journal	Check in/faculty via Collaborate
Week 3	On the job hours under supervision, Weekly Journal	Review SHAPE standards
Week 4	On the job hours under supervision, Weekly Journal	Check in/faculty via Collaborate

WEEK	ASSIGNMENT	
Week 5	On the job hours under supervision, Weekly Journal	
Week 6	On the job hours under supervision, Weekly Journal	
Week 7	On the job hours under supervision, Weekly Journal	Check in/faculty via Collaborate
Week 8	On the job hours under supervision, Weekly Journal	
Week 9	On the job hours under supervision, Weekly Journal	Review SHAPE standards
Week 10	On the job hours under supervision, Weekly Journal	Site visit coordinated with supervisor and faculty member
Week 11	On the job hours under supervision, Weekly Journal	<i>Begin essay and e-portfolio prep work</i>
Week 12	On the job hours under supervision, Weekly Journal	<i>Submit evaluation to supervisor</i>

After week 12, if more time is still needed to complete the 120 hours requirement, instructor and student will meet to discuss plan moving forward. Otherwise, all work for the course – written **and** field-related – must be completed by **May 11, 2021**.

Note: Faculty reserves the right to alter the schedule as necessary.

GMU Policies and Resources for Students

Policies

- Students must adhere to the guidelines of the Mason Honor Code (see <http://oai.gmu.edu/the-mason-honor-code/>).
- Students must follow the university policy for Responsible Use of Computing (see <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>).
- Students are responsible for the content of university communications sent to their Mason email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students with disabilities who seek accommodations in a course must be registered with George Mason University Disability Services. Approved accommodations will begin at the time the written letter from Disability Services is received by the instructor (see <http://ods.gmu.edu/>).
- Students must follow the university policy stating that all sound emitting devices shall be silenced during class unless otherwise authorized by the instructor.

Campus Resources

Questions or concerns regarding use of Blackboard should be directed to <http://coursesupport.gmu.edu/>.

- For information on student support resources on campus, see <https://ctfe.gmu.edu/teaching/student-support-resources-on-campus>

Notice of mandatory reporting of sexual assault, interpersonal violence, and stalking: As a faculty member, I am designated as a “Responsible Employee,” and must report all disclosures of sexual assault, interpersonal violence, and stalking to Mason’s Title IX Coordinator per University Policy 1202. If you wish to speak with someone confidentially, please contact one of Mason’s confidential resources, such as Student Support and Advocacy Center (SSAC) at 703-380-1434 or Counseling and Psychological Services (CAPS) at 703-993-2380. You may also seek assistance from Mason’s Title IX Coordinator by calling 703-993-8730, or emailing titleix@gmu.edu.

For additional information on the College of Education and Human Development, please visit our website <https://cehd.gmu.edu/>.

PROFESSIONAL BEHAVIOR: Students are expected to exhibit professional behaviors and dispositions at all times.

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.