

GEORGE MASON UNIVERSITY
School of Recreation, Health, and Tourism

SRST 200 (003)–History of Sport and Leisure in America (3)
Fall 2015

DAY/TIME:	TR Noon – 1:15p.m.	LOCATION:	Thompson Hall 1020
PROFESSOR:	Dr. David K. Wiggins	EMAIL ADDRESS:	dwiggin1@gmu.edu
OFFICE LOCATION:	Bull Run Hall #201	PHONE NUMBER:	703-993-2057
OFFICE HOURS:	By Appointment	FAX NUMBER:	703-993-2025

PREREQUISITES: None

COURSE DESCRIPTION

Traces historical foundations of sport and recreation in America.

Through the utilization of scholarly interpretations, students examine a variety of topics, including the role of sport in ancient Greek culture, nature of sport in Renaissance society, the interrelationship between exercise and health in nineteenth century America, and the rising interest in physical culture in contemporary society. Particular attention is devoted to the role of various ethnic and racial groups in American sport and the development of the sport and recreation professions.

COURSE OBJECTIVES

At the completion of this course students should be able to:

1. Describe how recreation and sport developed as they moved from a preindustrial to a postindustrial culture.
2. Demonstrate the interrelationship between sport and the health and recreation professions in contemporary American society.
3. Identify the major trends in society and how they influenced the recreation and sport professions.
4. Describe the role played by various ethnic and racial groups in sport and recreation.

PROFESSIONAL STANDARDS

Upon completion of this course, students will meet the following professional accreditation standards:

Council on Accreditation of Parks, Recreation, and Tourism Related Professions

7.01 Students graduating from the program shall demonstrate the following entry-level knowledge: a) the nature and scope of the relevant park, recreation, tourism or related professions and their associated industries; b) techniques and processes used by professionals and workers in these industries; and c) the foundation of the profession in history, science and philosophy.

REQUIRED READINGS

1. Baker, William J. *Sports in the Western World*. Urbana: University of Illinois Press, 1998.
2. Wiggins, David K. *Sport in America: From Colonial Leisure to Celebrity Figures and Globalization*. Champaign, IL: Human Kinetics, 2010.

NATURE OF COURSE DELIVERY: Face to Face

EVALUATION

This course will be graded on a point system, with a total of 355 possible points.

Requirements

Exam (see tentative schedule for content of each exam)

Points

#1		75
#2		75
#3		75
Quizzes	(announced dealing with the required readings)	80
Presentation	(see description below)	50
TOTAL		355

Grading Scale

A = 94 – 100	B+ = 88 – 89	C+ = 78 – 79	D = 60 – 69
A- = 90 – 93	B = 84 – 87	C = 74 – 77	F = 0 – 59
	B- = 80 – 83	C- = 70 – 73	

Course Expectations:

- *Readings:* Students are expected to read the assigned material prior to the beginning of the lecture to which it is assigned. This is crucial for meaningful and informed class discussion (which will be a very significant component of this course). Please bring assigned readings to class.
- *Discussions:* Students are expected to actively participate in class discussions. This requires that students come prepared to discuss the readings and issues or questions they raise in a respectful and intellectual manner. While the articulation of conflicting viewpoints will be welcomed and encouraged, it is important that at all times everyone contribute to creating a classroom environment that promotes civil debate.
- *Presentation:* Students are divided into groups and asked to make a presentation on an important individual from the world of recreation or sport. They will be evaluated on content, historical accuracy, and the ability to create dialogue and discussion among the rest of the students in the class.

PHED 200 Presentation Rubric

	1- Not Competent	2-Somewhat Competent	3-Competent	4-Highly Competent
Overall Content				
Historical Accuracy				
Dialogue and Generated Discussion				
Quality of Secondary and Primary Source Material				
Use of Technology				

TENTATIVE COURSE SCHEDULE

DATE			TOPIC	READINGS/ASSIGNMENT DUE
T	September	1	Introduction	
R	September	3	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
T	September	8	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
R	September	10	Physical Education, Recreation, and Sport in Ancient Greek Society	Baker, Chapters 1 – 2
T	September	15	Roman Sport and Physical Activity	Baker, Chapter 3
R	September	17	Out of Class Assignment	
T	September	22	Medieval People at Play	Baker, Chapter 4

DATE			TOPIC	READINGS/ASSIGNMENT DUE
R	September	24	Gentleman and Sport During the Renaissance	Baker, Chapter 5
T	September	29	Puritans at Play: Suppression of Sport and Amusement	Baker, Chapter 6 Wiggins, Chapter 1
R	October	1	New Standards for Old Sports and Birth of Mass Leisure	Baker, Chapters 7 – 8
T	October	6	The Pattern of Sport in Early America, 1607-1776	Baker, Chapters 7 – 8 Wiggins, Chapter 2
R	October	8	First Exam	
T	October	13	Transformation of Sport and Physical Activity in a Rapidly Changing Society, 1776-1870	Baker, Chapter 9 Wiggins, Chapters 3, 4, 5
R	October	15	Out of Class Assignment	
T	October	20	Transformation of Sport and Physical Activity in a Rapidly Changing Society, 1776-1870	Baker, Chapter 9 Wiggins, Chapters, 3, 4, 5
R	October	22	Sport and Physical Activity in the Era of Industrialization and Reform, 1870-1915	Baker, Chapters 11 – 13 Wiggins, Chapters 6 – 8
T	October	27	Sport and Physical Activity in the Era of Industrialization and Reform, 1870-1915	Baker, Chapters 11 – 13 Wiggins, Chapters 6 – 8
R	October	29	Sport and Physical Activity in the Era of Industrialization and Reform, 1870-1915	Baker, Chapters 11 – 13 Wiggins, Chapters 6 – 8
T	November	3	Second Exam	
R	November	5	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
T	November	10	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
R	November	12	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
T	November	17	Sport, The Great Depression, and Two World Wars, 1915-1950	Baker, Chapters 14 – 16 Wiggins, Chapters 9 – 12
R	November	19	Sport and Physical Activity in the Age of Television, Discord, and Personal Fulfillment, 1950-1985	Baker, Chapters 17 – 19 Wiggins, Chapters 13 – 15
T	November	24	Sport and Physical Activity in the Age of Television, Discord, and Personal Fulfillment, 1950-1985	Baker, Chapters 17 – 19 Wiggins, Chapters 13 – 15
R	November	26	Thanksgiving Break	
T	December	1	Sport and Physical Activity During the Period of Celebrity and Globalization, 1985-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18
R	December	3	Sport and Physical Activity During the Period of Celebrity and Globalization, 1985-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18
T	December	8	Sport and Physical Activity During the Period of Celebrity and Globalization, 1985-Present	Baker, Chapters 17 – 19 Wiggins, Chapters 16 – 18

DATE			TOPIC	READINGS/ASSIGNMENT DUE
R	December	10	Third Exam	

Note: Faculty reserves the right to alter the schedule as necessary.

Student Expectations

- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://oai.gmu.edu/the-mason-honor-code/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/policies/responsible-use-of-computing/>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.

Campus Resources

- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students' personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the College of Education and Human Development, School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu/>].

PROFESSIONAL BEHAVIOR: Students are expected to exhibit professional behaviors and dispositions at all times.

CORE VALUES COMMITMENT: The College of Education and Human Development is committed to collaboration, ethical leadership, innovation, research-based practice, and social justice. Students are expected to adhere to these principles.

