

PRLS 418 Assessment in Therapeutic Recreation (03)  
Spring 2011

DAY/TIME:	T/TH 10:30-11:45a.m.	LOCATION:	Bull Run Hall #247
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LOCATION:		NUMBER:	703-993-2068
OFFICE HOURS:	M AM by Appointment - Fx T/Th Noon - 2:30 PM - PW	FAX NUMBER:	703-993-2025
PREREQUISITES:	PRLS 327 and PRLS 416		

**COURSE DESCRIPTION:**

Presents methods of assessment, development of treatment program plans, and evaluation of all components. Extends program design by developing competencies in the planning approaches, individual and group assessment techniques, program evaluation, and documentation strategies for people with disabilities and illness.

**COURSE OBJECTIVES:**

**Upon completion of this course, students will meet the following professional accreditation standards: *Council on Accreditation of Parks, Recreation, and Tourism Related Professions***

7D.02	Understanding of and ability to use basic medical, psychiatric and pharmacological terminology
9D.09	Understanding of and ability to select, conduct, analyze, and interpret a variety of assessment techniques and procedures to determine client and program needs
9D.17	Understanding of and ability to apply effective management techniques, particularly financial, personnel, and reimbursement, to therapeutic recreation service provision
9D.18	Understanding of referral, discharge, and transition processes in a continuum of client care
9D.19	Understanding of various evaluative tools and methods and the ability to collect and utilize evaluative information to document client outcomes and program outcomes
9D.20	Understanding of the purpose and content of and the ability to use documentation, as it relates to clients, staff, programs, management and quality assurance and improvement in therapeutic recreation

Additionally, at the completion of the course students will be able to:

1. Identify diagnostic groupings and populations served in TR
2. Describe planning for intervention
3. Verbalize application of strategies for implementation
4. Discuss documentation and evaluation
5. Interpret organizing and managing services

## **REQUIRED READINGS:**

burlingame, joan & Blaschko, T. (2002). *Assessment Tools for Recreation Therapy and Related Fields* (Third Edition). Washington: Idyll Arbor, Inc.

Stumbo, Norma & Folkerth, Jean (2005). *Study Guide for the Therapeutic Recreation Specialist Certification Examination* (Third Edition). Sagamore Publishing.

## **EVALUATION:**

Assessment Tool Application and Analysis	25%
Weekly Terminology Quizzes and Reports (10 worth 20 points each)	50%
Site Participation and Evaluation	<u>25%</u>
<b>Total:</b>	<b>100%</b>

### **Grading Scale**

A+ = 98-100	B+ = 88-89	C+ = 78-79	D = 60-69
A = 94-97	B = 84-87	C = 74-77	F = 0-59
A- = 90-93	B- = 80-83	C- = 70-73	

## **COURSE OVERVIEW:**

For recreation therapists to be prepared to meet the needs of each participant in a clinical or community setting they must comprehend overall assessment, development of treatment program plans based on the outcomes, and evaluation of all services rendered. This course will focus specifically on intervention and interpretation.

## **ACADEMIC INTEGRITY:**

Mason is an Honor Code University; please see the University Catalog for a full description of the code and the honor committee process. The principle of academic integrity is taken very seriously and violations are treated gravely. What does academic integrity mean in this course? First, it means that when you are responsible for a task, you will be the one to perform that task. When you rely on someone else's work in an aspect of the performance of that task, you will give full credit in the proper, accepted form. Another aspect of academic integrity is the free play of ideas. Vigorous discussion and debate are encouraged in this course, the firm expectation that all aspects of the class will be conducted with civility and respect for differing ideas, perspectives and traditions. When in doubt, please ask for guidance and clarification.

## **ASSIGNMENTS:**

*Weekly terminology paper/pencil quizzes* will help with interpretation of charts to better understand and use basic medical, psychiatric and pharmacological terminology.

*Assessment tool application and analysis* will prepare recreation therapists for the analysis and interpretation of a variety of assessment techniques and procedures to determine client and program need. Each student will identify two evaluative tools from the text and provide to the class through a PowerPoint presentation the methods and an explanation of how data is collected and utilized. Evaluative information regarding documentation of client outcomes and program outcomes will be highlighted.

*Site participation and evaluation* paper of an agency’s effective management techniques, particularly financial, personnel, and reimbursement, to therapeutic recreation service provision will be researched along with their referral, discharge, and transition processes towards a continuum of client care.



- Students must adhere to the guidelines of the George Mason University Honor Code [See <http://academicintegrity.gmu.edu/honorcode/>].
- Students with disabilities who seek accommodations in a course must be registered with the George Mason University Office of Disability Services (ODS) and inform their instructor, in writing, at the beginning of the semester [See <http://ods.gmu.edu/>].
- Students must follow the university policy for Responsible Use of Computing [See <http://universitypolicy.gmu.edu/1301gen.html>].
- Students are responsible for the content of university communications sent to their George Mason University email account and are required to activate their account and check it regularly. All communication from the university, college, school, and program will be sent to students solely through their Mason email account.
- Students must follow the university policy stating that all sound emitting devices shall be turned off during class unless otherwise authorized by the instructor.
- Students are expected to exhibit professional behaviors and dispositions at all times.
- The George Mason University Counseling and Psychological Services (CAPS) staff consists of professional counseling and clinical psychologists, social workers, and counselors who offer a wide range of services (e.g., individual and group counseling, workshops and outreach programs) to enhance students’ personal experience and academic performance [See <http://caps.gmu.edu/>].
- The George Mason University Writing Center staff provides a variety of resources and services (e.g., tutoring, workshops, writing guides, handbooks) intended to support students as they work to construct and share knowledge through writing [See <http://writingcenter.gmu.edu/>].
- For additional information on the School of Recreation, Health, and Tourism, please visit our website [See <http://rht.gmu.edu>].

**COURSE SCHEDULE:**

DATE	TOPIC	DUE
Week 1	Orientation and Introduction	Buy texts
Week 2	Reading: <a href="http://www.recmanagement.com/columns.php?fid=200410GC01">http://www.recmanagement.com/columns.php?fid=200410GC01</a> and Chapter One <i>Assessment Tools for</i>	Memorize <b>abd-BRP</b> on page 179, <i>Assessment Tools for Recreation Therapy and</i>

<b>DATE</b>		<b>TOPIC</b>	<b>DUE</b>
		<i>Recreation Therapy and Related Fields</i> First Quiz on Medical Abbreviations and Symbols	<i>Related Fields</i>
Week 3		Chapter Two (pages 17-27) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>CAT-CVA</b> on page 179, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 4		Quiz on Medical Abbreviations and Symbols	Memorize <b>D-Fx</b> on page 179, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 5		Chapter Three (pages 35-53) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>GAF-Hx</b> on page 179 <b>and symbols with through less than</b> on page 181, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 6		Chapter Four (pages 55-84) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>I-LLQ</b> on page 180, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 7		Chapter Five (pages 85-105) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>LOQ-NPO</b> on page 180, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 8		Spring Break	
Week 9		Chapter Six (pages 107-141) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>O-PPS</b> on page 180, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 10		Chapter Seven (pages 143-162) <i>Assessment Tools for Recreation Therapy and Related Fields</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>pre-op-R/O</b> on page 180, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 11		Chapter Eight (pages 163-178) <i>Assessment Tools for Recreation Therapy and Related Fields</i>	Assessment Tool Application and Analysis Due
Week 12		Quiz on Medical Abbreviations and Symbols	Memorize <b>r/t-subq</b> on page 181, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 13		Chapter Four (pages 12-31-stop at Assessment) <i>Study Guide for the TR Specialist Certification</i> Quiz on Medical Abbreviations and Symbols	Memorize <b>T-UTI</b> on page 181 <b>and symbols low/decreased-high with through less than</b> on page 181, <i>Assessment Tools for Recreation Therapy and Related Fields</i>

Week 14		Quiz on Medical Abbreviations and Symbols	Memorize <b>VD-x</b> on page 181 <i>and symbols requiring 1 or 2 people...to degree(s)</i> on page 181, <i>Assessment Tools for Recreation Therapy and Related Fields</i>
Week 15		Pretest from <i>Study Guide for the TR Specialist Certification</i>	Site Participation and Evaluation Due

*Note: Faculty reserve the right to revise the course schedule.*